



# Carta Restaurante



Axis Ofir

## Couvert

PÃO, TOSTAS, SALADINHA, MANTEIGA, AZEITE E VINAGRE € 3 00  
 BREAD, TOASTS, MINI-SALAD, BUTTER, OLIVE OIL AND VINEGAR  
**G | L | P | O**

## Sopas

Soups

CREME DE LEGUMES € 3 00  
 VEGETABLE CREAM SOUP

SOPA DO MAR € 5 00  
 SHELLFISH AND FISH SOUP  
**G | C | MO | SU**

## Entradas

Starters

AMÊIJOAS À BOLHÃO PATO €10 00  
 REGIONAL PLATE WITH CLAMS  
**SU | MO**

CAMARÃO FLAMEJADO AO ALHO €12 00  
 FLAMED SHRIMP WITH GARLIC  
**C | SU**

FRIGIDEIRA DE COGUMELOS SALTEADOS COM ALHO E OREGÃOS € 8 50  
 SAUTÉED MUSHROOMS WITH GARLIC AND OREGANO

CAMA DE GRELOS COM ALHEIRA E OVO ESCALFADO € 9 00  
 BED OF TURNIP GREEN WITH ALHEIRA SAUSAGE  
 TOPPED WITH POACHED EGG  
**O | G**

## Saladas

### Salads

- SALADA CAPRESE À OFIR** € 9 00  
TOMATO, FRESH CHEESE AND BASIL  
**L | FS**
- SALADA TROPICAL COM FRUTA, QUEIJO FRESCO, CROUTONS E TOMATE CHERRY** € 9 00  
TROPICAL SALAD WITH LETTUCE , PINEAPPLE, FRESH CHEESE, CROUTONS AND CHERRY TOMATO  
**G | L**
- SALADA DE QUINOA COM FRUTOS SECOS** €10 00  
QUINOA SALAD WITH DRIED FRUITS  
**FS**
- SALADA DE FRUTOS DO MAR** €11 00  
SEAFOOD SALAD  
**C | M | FS**

## Vegetariano

### Vegetarian

- CROQUETES DE ESPINAFRES COM SALADA FRESCA** € 9 00  
SPINACH CROQUETTES WITH FRESH SALAD  
**FS | O | G**
- LEGUMES SALTEADOS COM SEITAN** €13 00  
SAUTÉED VEGETABLES WITH SEITAN  
**SO | G**
- TOMATE RECHEADO COM PURÉ DE GRÃO E AZEITONAS** €10 00  
STUFFED TOMATO WITH CHICKPEA PURÉE AND OLIVES  
**L**

## Omeletes

### Omelettes

- OMELETE DE COGUMELOS** € 9 00  
MUSHROOMS OMELETTE  
**O**
- OMELETE DE FIAMBRE E QUEIJO** € 9 00  
CHEESE AND HAM OMELETTE  
**L | O | SO**

## Menu Infantil

### Kids Menu

- ESPARGUETE À BOLONHESA** € 9 00  
SPAGHETTI BOLOGNESE  
**G | O | L**
- DOURADINHOS DE PESCADA COM BATATA FRITA** € 8 00  
HAKE FISH DOURADINHOS WITH FRENCH FRIES  
**L | O | G**
- NUGGETS DE FRANGO ACOMPANHADO  
COM ARROZ / BATATA FRITA** € 8 00  
CHICKEN NUGGETS WITH RICE / FRENCH FRIES  
**G | O**

## Pratos Peixe

Fish

- ARROZ DO MAR** €37<sup>00</sup>  
SEAFOOD RICE  
**2 PESSOAS | 2 PEOPLE**  
**FS | C | M | G**
- FRIGIDEIRA DE BACALHAU À BRAGA** €17<sup>00</sup>  
SAUTÉED CODFISH WITH FRIED SLICED POTATOES AND ONIONS  
**O | G | P**
- ROBALO EM CAMA DE PURÉ DE GRÃO E PISO DE AZEITONAS** €15<sup>00</sup>  
SEA BASS ON A BED OF CHICKPEA PURÉE AND OLIVES  
**P | L**
- POLVO EM CROSTA DE BROA COM BATATA A MURRO E GRELOS** €18<sup>00</sup>  
OCTOPUS IN A CRUST OF CORN BREAD WITH ROASTED POTATOES  
AND TURNIP GREEN  
**MO | L**

## Pratos Carne

Meat

- NACO DE VITELA COM LEGUMES FRESCOS  
E MOLHO DE TOMILHO** €20<sup>00</sup>  
VEAL TENDERLOIN WITH VEGETABLES AND THYME SAUCE  
**L | SU**
- PEITO DE FRANGO TRINCHADO, TAGLIATELLE  
COM MOLHO DE TOMATE E OREGÃOS** €14<sup>00</sup>  
TRENCHED CHICKEN BREAST WITH TAGLIATELLE  
WITH SAUCE TOMATOES AND OREGANO  
**G | O**
- TORNEDÓ COM MOLHO DE 3 PIMENTAS COM BATATA A RODELA** €24<sup>00</sup>  
STEER STEAK WITH A THREE PEPPERS SAUCE WITH SLICED POTATOES  
**L | G | FS**
- LOMBINHO DE PORCO COM CASTANHA ASSADA E BATATA SAUTÉ** €15<sup>00</sup>  
PORK TENDERLOIN WITH ROASTED CHESTNUT AND SAUTÉED POTATOES  
**L | G | FS**

## Massas | Risotos

Pastas | Risottos

<b>LINGUINI COM TINTA DE CHOCO E GAMBAS</b>	€13 <sup>00</sup>
LINGUINI WITH CUTTLEFISH AND PRAWNS	
<b>MO   G   O   A</b>	
<b>PENNE À CARBONARA</b>	€10 <sup>00</sup>
PENNE À CARBONARA	
<b>L   O   G</b>	
<b>RISOTO COM GAMBAS, TOMATE SECO E TOQUE DE PICANTE</b>	€13 <sup>00</sup>
RISOTTO WITH PRAWNS, DRY TOMATO AND SPICY TOUCH	
<b>L   MO</b>	
<b>RISOTO DE ENCHIDOS E ESPARGOS VERDES</b>	€12 <sup>00</sup>
RISOTTO WITH PORTUGUESE SAUSAGES AND GREEN ASPARAGUS	
<b>L   SU   O   G</b>	

## Sobremesas

### Desserts

- BROWNIE DE CHOCOLATE COM TELHA DE CARAMELO** € 5<sup>00</sup>  
CHOCOLATE CAKE WITH SALTED CARAMEL  
**L | O | G**
- TARTE DE NATA COM CANELA** € 5<sup>00</sup>  
CREAM PIE WITH CINNAMON  
**L | O | G**
- TARTE TATIN** € 5<sup>00</sup>  
APPLE TATIN PIE  
**L | G**
- SUGESTÃO DO CHEFE** € 5<sup>00</sup>  
CHEF SUGGESTION
- FRUTA LAMINADA** € 4<sup>50</sup>  
LAMINATED FRUIT



IVA INCLUÍDO  
À TAXA LEGAL EM VIGOR  
VAT INCLUDED

DISPONIBILIZAMOS  
LIVRO DE RECLAMAÇÕES  
WE HAVE A COMPLAINTS BOOK

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G - GLÜTEN  
M - MOSTARDA E DERIVADOS - MUSTARD  
C - CRUSTÁCEOS E DERIVADOS - SHELLFISH  
S - SULFITOS - SULFITES  
MO - MOLUSCOS E DERIVADOS - MOLLUSCS  
TR - TREMOÇOS- LUPINS  
SE- SÉSAMO- SESAME  
P - PEIXE E DERIVADO - FISH  
AL- ÁLCOOL - ALCOHOL  
FC - FRUTOS CASCA RIJA - NUTS  
L - LEITE E DERIVADOS - MILK  
O - OVOS E DERIVADOS - EGGS  
A - AIPO E DERIVADOS - CELERY  
SO- SOJA - SOY  
AM- AMENDOÍM-PEANUT